UNI ROOT

Time and duration

We often use one word for two different things. Time, in the everyday sense, is what a clock counts: seconds, minutes, hours, the same ticks for everyone. It is a measure.

Duration is something else. It is the flow itself, the fabric in which every event takes place. Physics describes it woven together with space into one fabric, space-time, that bends around what it carries and ripples when things move.

A clock can tell us how many ticks have passed, but not how a moment is lived. An hour of waiting and an hour of attention show the same numbers on the dial, yet they are not the same duration.

The clock counts time. You live duration. Order lives in both: in the steady count, and in the rhythm of the flow.

unirootscience.com · unirootscience@gmail.com · 01066999940